



H.O.B.O. What We Ain't and What We Is

By HOB0 Treasurer Jim McCormick

We are not going to tell you that you can't cut down that ugly tree that will crush your house the next time your neighbor sneezes. We will not tell you that your paint choice has killed fish and scared small children. We do not have rules or any enforcement desires. We are here to provide a service, several services actually.

So what does this \$25 HOB0 membership go for?

We have invested hundreds of dollars neighbors to test the water quality of

We also provide lunch for our lake pulling out the trash that washes creating an eyesore on our

Want to have lunch and meet summer picnic at the boat up your mess - (but you would

Annually we provide \$4000 in Coosa and Chilton Counties. Contact your Area Representative listed in this newsletter. Contact

Have you seen the fireboat on the kitchen, to put out that fire you started after strips your wife requested. The fireboat responds to medical emergencies with trained medics on board and is equipped with bandaids to backboards defibrillator. Your membership plus donations makes this possible.

Ever been on the lake and the engine quit? Dark, windy, getting cool, rain? You've got your phone; you always have your phone. So who do you call? Got a HOB0 phone book? You would if you were a member. Keep one in your boat! Call up a lake neighbor for help. Didn't have a phone book? Oh sorry. For your \$25 membership you would have been given one, and you can purchase extras.

Ever been at the lake over the 4th of July? Boats streaming by at around 8pm and then back again about 9:30 or so? And in the meantime the sky bursts into brilliant colors and the ground shakes? Well that is the annual fireworks show. Do you have to be a HOB0 member to enjoy it? Well no. But dues as well as generous donations make this happen every year.

This association is open to suggestions and comments. All of the Officers, Area Reps and Board Members are listed in the phone book. (A new one is being published this year, free with your membership.) Do your part. **Volunteer. Contribute. Join HOB0.** Encourage your neighbors to join. Come on. \$25 is a small amount for all the benefits you receive. You probably have more than that in your couch cushions!!



in testing equipment and trained many of your our lake in many locations.

volunteers who comb the lake twice a year, down river and collects on our shores, beautiful lake.

other lake residents? Come to the mid launch. HOB0 will feed you and even clean feel less guilty if you volunteered to help.)

college scholarships to qualified students in Know of anyone that would like to apply? to see how. Who is your Area Rep? They are them; they are your HOB0 voice on the lake.

water? It can pump water from the lake to your you decided to fry two pounds of bacon instead of the two

Cold Water Is Very Dangerous

By Sam Piccolo

The Lake Mitchell Community lost one of its members to a cold-water tragedy in February. This tragedy prompted me to write this article for the newsletter.

The Boat U.S. Foundation provides some very interesting information that you should know about cold water immersion. Entering into cold water is more than just an inconvenience, it is downright dangerous. For example, your body may react to the cold water in uncontrollable ways. Experts have described what happens to the body when immersed in cold water and have summarized the features and characteristics into four distinct stages. Failure to recognize this can lead to hypothermia, a serious condition which is the abnormal lowering of internal body temperature that should be treated only by medical personnel or specially trained individuals.

The first stage is cold shock. Entering cold water provokes an immediate gasp reflex. If your head is under water, you would inhale water instead of air and it is unlikely you will resurface if you are not wearing a life jacket. Initial shock can cause panic, hyperventilation, and increase heart rate leading to a heart attack. This stage lasts 3-5 minutes and at this point you should concentrate on staying afloat with your head above water.

The second stage is swimming failure. In just 3-30 minutes the body will experience swimming failure. Due to loss of muscle coordination, swimming becomes a struggle and the body tends to go more vertical in the water making any forward movement increasingly difficult. That's why it is not recommended to swim for help, but remain with the boat or something else that floats while keeping your head above water while awaiting rescue.

The third stage is hypothermia. True hypothermia sets in after about 30 minutes. Most victims never make it to this stage since 75% of individuals succumb and die in the earlier stages of cold water immersion. At this stage, regardless of your body type, size, insulation of clothing, acclimatization and other factors, your body's core temperature gets dangerously low. Your survival chances are usually rendered unconscious in this stage. Victims are greatly lessened at this stage.



The fourth stage involves post rescue collapse. A rescued victim must be handled very carefully. When a person is removed from cold water, the body will react to the surrounding air and the body position. Blood pressure often drops, inhaled water can damage the lungs, and heart problems can develop as cold blood from the extremities is released into the body core. Proper medical attention is essential to re-warm the body safely.

All of the above paints a pretty bleak picture in taking a chance with winter's cold water. We need to take extra precaution from accidentally falling in the Lake and use life jackets when boating and doing any other activity on the water.

The Crappie Thumper

Spring is here and that means one thing - crappie time.



This is the time of the year when most crappie fishermen catch the best eating fish in the river. Spring is the favorite time to fish because spawning fish are predictable, easier to locate, and catch. Sounds simple but not always.

Water temperature dictates when crappie spawn, usually between 60-68 degrees. Since the weather in the spring is unpredictable, crappie will not always be in the banks of the river. Males will first seek shallow water looking for a suitable place to make a bed for females to lay eggs. While the males are hard at work, females are hanging out in

deeper water enjoying the weather. When the temperature gets right the female comes in to lay eggs and goes back out, leaving you know who (the male) to guard the bed against the predators.

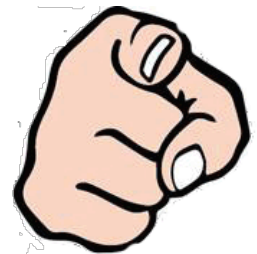
Locating the fish is the key. Several different patterns are used. Start off trying the tried and true pole, cork, and minnow.or my favorite: casting a jig, while fishing in shallow water around weed beds, docks, and downed trees .

In general, finding crappie in deeper water is done by 3 different methods; casting to deeper structures, using electronics, or the very controversial method called spider rigging. This trolling method gets its name because lots of rods are placed out around the boat looking like spider legs. When so many baits are in the water trolling, it can be a productive method for the fisherman but deadly for the crappie. For example, Lake Weiss, the Crappie Capital of the World, has decided that the use of spider rigging was the biggest reason for its crappie population decline. As a result, a ruling was passed to limit the number of rods (spider legs) to 3 per fishermen for their lake. This restriction has caused many fishermen to go to lakes where there are no restrictions, Lake Mitchell being one!

WANTED: Newsletter Editor

Let your creative juices flow! HOB0 needs a new newsletter editor.

If you can spare a few hours four times a year to collect articles and arrange them into a newsletter format to send to Alabama Power for publication, HOB0 needs you! It is a great opportunity to get to know and work with many people on the lake, plus it is a great creative outlet that you can enjoy from the comfort of your home on your own computer. You can write some of the articles if you wish, or you can just assemble what other contributors submit.



WE WANT YOU



Melissa Nannini, who has done an excellent job as our newsletter editor for the last couple of years, has taken on new life responsibilities and must retire from editing the newsletter. Fortunately for us, she will continue to spearhead the publication of the HOB0 photo calendar.

Contact Melissa at melissa.nannini@gmail.com or President Scott Phillips at wspillips2@gmail.com and volunteer your services today. Former editor Marie Greene will be happy to train you.

What is an Area Representative?

By Marie Greene

Your HOBO Area Representative is your voice on Lake Mitchell. Make your voice heard.

Know your Area Rep!

Lake Mitchell is divided into 16 HOBO geographic neighborhoods or Areas. Each Area has a designated Area Representative. The Area Rep provides many services to you as a homeowner and to the HOBO organization. Here is a list of some of the functions that your Area Rep provides.

- Attends HOBO meetings and serves as the liaison between your Area and the HOBO organization.
- Acts as your neighborhood coordinator.
- Welcomes new residents in the Area and introduces them to neighbors.
- Informs Area residents to use the HOBO website for information about HOBO and Lake Mitchell.
- Maintains a directory for homeowners in your Area, including name, lake address, home address, phone numbers and email so you can communicate easily with neighbors.
- Submits a quarterly Area Rep report to the HOBO Newsletter Editor for publication in the Newsletter.
- Organizes and hosts functions within your Area to promote fellowship among residents as well as to address Area concerns.
- Encourages all Area residents to join HOBO and participate in HOBO events.
- Promotes awareness of environmental issues impacting the lake such as water quality, erosion, construction, invasive plants, litter and pollution.
- Educates Area residents about conditions or activities that might damage our lake.
- Works with residents to address safety and security issues on or around the lake.

AREA REPRESENTATIVES			
Area	Area Name	Representative	Phone
1	Blue Creek/ The Ridge	Bobby Lewis docx2@mindspring.com	205-212-1020 205-901-8307
2	Blue to Cargile	Jim & Johnye Woodrow ajwking@aol.com	205-425-9431 205-755-0055
3	Cargile South	Dan Murchison DanMurchison@gmail.com Janet Pandzik pandzikj@gmail.com	205-408-7445 205-224-0432
4	Cargile North	Connie Hampton connie28fan@yahoo.com Susan Orr soriii@bellsouth.net	205-755-6344 334-312-6131
5	Cargile to Bird	Peggy Bullard pnsbullard@gmail.com	205-755-9514
6	Bird Creek	Leslie Miles lesliemiles0@gmail.com	205-755-6432 205-612-2172
7	Bird to Walnut	Becki & Mau McCallum beckmau@gmail.com	205-755-5334
8	Walnut SW	Beau Battaglia beauredsox@yahoo.com	504-909-6990
9	Walnut Creek Peninsula	Betty & Joel Elam Betty687@aol.com	205-807-9056 205-755-2775
10	Cove and Mountain	Roxanne Martin roxypmartin@gmail.com	205-755-0863
11	Mountain to Lay Dam	Stan & Conna Holt Stan-holt@att.net	205-980-1428
12	Upper Hatchet and Weogufka	VACANT- Please Volunteer for Area 12	
13A	East Pennamotley	Jim & Wathan Hand jmhand@centurylink.net	256-377-1153
13B	West Pennamotley	Richard & Wendy Cruse wendycruse@gmail.com	205-253-8298
14	Hatchet to Big Airplane	Eric & Rose Green rosegreenlake14@yahoo.com	205-492-7151
15	Airplane/Finger to Big Y Slough	Tommy Carpenter rtcriver@gmail.com	256-377-1046 205-586-1749
16	Big Y to Mitchell Dam	Nan & David Spivey davidaspivey@gmail.com nanspivey@gmail.com	256-377-1178 205-492-0375

If you don't know your Area Rep personally, call him or her and introduce yourself. Voice your ideas for improving life on the lake. Express your concerns. **Get involved!**

Area Representative Reports:

Area 3 – Cargile South Dan and Judy Murchison, Janet Pandzik

Solar power is slowly but surely coming to Alabama. A source of energy that is free, clean, healthy, non polluting and eternal can't be ignored forever. Part of our mission statement is to protect and improve Lake Mitchell. It seems to me that Hydro Power and Solar Power are two of our best sources of energy for honoring our mission statement. Since we already have Hydro power it might be time to educate ourselves on solar power and encourage our Politicians to introduce solar power to Alabama.

Area 4 – Cargile North Connie Hampton, Susan Orr

It is with a heavy heart that I report the passing of Jim Shallenberg who died while trying to retrieve his boat when he went to visit a friend and it got loose from the pier. Jim was a quiet man with a great heart. He was always ready to help. He will be very missed by those on Cargile Creek. We wish the best for his wife Karen, daughter Jennifer and her husband Jim McCormick, son Chris and Shanna, and the five grandchildren.

Your area reps ended the last quarter of 2016 on a sad note. Major health concerns for our out of state families and several deaths in the families kept both of us on the road and unable to attend the area rep meetings. We certainly are praying for a better start to 2017.

As always please don't hesitate to contact either of us! Looking forward to a great spring and summer on the lake!

Area 5-Cargile to Bird Peggy Bullard

Help me welcome Donald and Sheila Jones to our Lake Mitchell H.O.B.O. family. They are from Fayette, Alabama where Donald is the administrator of Fayette Medical Center and Sheila is the Music Director at Fayette First Baptist Church. Allie Grace is their Yorkie and the only child living at home! Sheila's son, Wade Watley, as well as her Mom and sister, live in Clanton and that will be home for Donald and Sheila in the future. Wade is married to Jennifer and they have three sons: Cole, who is attending Snead State Jr. College on a golf scholarship; Turner, who is a Junior at Chilton County High School; and Carson, who is in the 8th grade at Clanton Middle School. All three grandsons are golfers. Jennifer is a dental tech and Wade is employed as a Safety Specialist with Alabama Power. Donald and Sheila are looking forward to meeting all you lake people this summer. Please let them know you are happy to have them on Lake Mitchell.

This January Carl Scott, one of the founding members of H.O.B.O., passed away. Carl became the organization's chaplain and remained in that position until having to leave the lake for health reasons. He loved H.O.B.O. and never missed an event. He was an active board member and contributed time and money into an organization he was passionate about. He loved Jesus, family, his church and H.O.B.O. They were his passion. His love for the lake was unsurpassed. We lost a friend, a neighbor and a H.O.B.O. member who was loved and appreciated.

Our area experienced another great loss in February when friend and neighbor Jim Shallenberg died in a tragic water incident. Prayers for his wife Karen and the family for many months to come as I know how desperately they will need them. The hurt and grief and loneliness go deeper than you can know unless you have had to walk that road.

Spring is here and we will all begin to be out more, so please refresh yourselves on boating laws, be courteous and safe out on the water.

Area 7 – Bird to Walnut Becki McCallum

Hello friends and neighbors. I have sad news to report - a former much loved neighbor in our area. Mike Langston, has passed away. Many of you will remember Mike and Brenda Langston and their son Jonathan who ran Lake Mitchell Marina. Mike was much loved and respected by many for his quiet and supportive life. I am sure his family will miss him greatly.

Many of you have paid your dues for 2017, thank you very much. For those that do not have "M17" on the address label of this newsletter, your dues have not been recorded. I urge you to continue your support of our organization. Many unpaid volunteers work very hard to protect and improve our lake home. Your involvement is also welcomed. Plan to take part - come to meetings, clean-ups, annual picnic. Contact me if you have issues, concerns, or information that needs to be shared. You can find the membership application on the back of this newsletter or on the www.lakemitchellhobo.org website. We are also on facebook! Get involved and stay informed!

Becki McCallum

Area 9- Walnut Creek Peninsula Joel and Betty Elam

We want to encourage our friends and neighbors to assist us in joining and supporting our lake through HOBO membership. We would like to invite everyone in our area to attend a home owner's neighborhood get together Memorial Day weekend, Saturday May 27, 2017. Invitations will be sent with more details at a later date. We want to thank our neighbors for continuing to watch out for each other through our neighborhood watch program. If you have any news and would like to share with others, please contact us with information.

Our area of the lake has undergone many changes in the last six months – both good and bad. The beautiful landscape of trees along County Road 32 has turned to cleared land of barren hills due to logging. Our old one-lane bridge has been torn down and is being replaced by a larger and stronger bridge. Change is all around us with much work being done on houses in our area.

Remember, keep our area clean and trash free.

Area 10 – Cove/Mountain Branch Doug and Roxanne Martin

Welcome springtime!

We are anticipating completion of a new two-lane bridge over Walnut Creek. It was closed on February 20th; the estimated completion date is within 8 weeks or so. It has been a major inconvenience, but it will be wonderful to have a new and safer bridge.



I'm not sure if I have introduced everyone to Ben and Ashley Parker. Stop by and say hello, their house is beside the Thomas' house. The Waldron's will begin construction on their new home in the Cove very soon and we are excited to have another full time family once completed.

We hope to have an area party later in the spring and feel free to contact us if we can be of any assistance.

See you on the water!

Area 15 – Airplane/Finger to Big Y Slough Tommy Carpenter

Hello everyone, I hope everyone survived the cold winter.

I want to welcome new HOBOS - David and Beth Smith. They are from Birmingham and live three cabins down from me.

I was on the lake the first week of March and had several days of great weather. The dogwoods were starting to bloom and the redbuds were in full bloom. I filled up my bird feeders and enjoyed seeing a variety of birds. Woodpeckers, chickadees, and nuthatches. I saw a pair of bluebirds checking out one of my bird boxes. Remember to clean them out after each nest. For some reason, bluebirds like to build the nest from scratch. I heard from a fellow HOBOS that he had spotted a pair of loons (a duck-like bird) in Cargile creek. I did not see them in Cargile but heard them on main river just South of Little Airplane. I actually heard them before I saw them. They make a short wailing call which descends slightly in pitch. I tried to get close so I could make a positive identification but they can dive and swim for a long time. I thought my day was complete and decided to ride into little airplane and see if I could spot a wood duck. No luck, but coming out I saw a bald eagle. The sun was shining just right and I got to see the white on his head and tail. What a beautiful lake we live on!

Unfortunately, I got a report that one of my neighbors had some property “sprout legs” and run off. Make sure you secure all your property. As I always say, neighbors need to watch out for each other. If you see something that looks suspicious call your neighbor. Hopefully they are a HOBOS and have their number in our “HOBOS” phone book. It also contains the number for Coosa county sheriff’s office and many others. Hope the see you soon out on the lake.

Area 15 –Big Y to Mitchell Dam Nan and David Spivey

Happy Spring to all!!

We are so excited to welcome Donna and Morgan Davis as permanent residents here at Lake Mitchell! They are finally getting settled into their beautiful new home in The Cove.

At this writing, another home is being built in The Cove. Our HOBOS family is growing!!



Lake Mitchell Logo Items for Sale

Hats - \$12, Tote Bags - \$20, Boat Trash Can - \$10

Contact Rose Green at 205-492-7151 or
rosegreenlake14@yahoo.com

P.O. Box 1324
 Clanton, Alabama 35046
Change Service Requested

PAID Permit 12
 Birmingham, AL

Lake Mitchell H.O.B.O. Membership Application

Annual Dues Required \$25	Fireworks Donation \$	Fireboat Donation \$	Scholarship Donation \$	In Memory/Honor Name _____ \$
Optional Purchase Boathouse Sign \$20____		Optional Purchase HOBO Photo Calendar \$25____		Optional Purchase Additional Phonebook \$10____
Name:			Check One: Renewal <input type="checkbox"/> New Member <input type="checkbox"/>	
Home Mailing Address:				
Lake 911 Address:			Lake Area:	
Email:				
Home Phone:		Lake Phone:		Cell Phone

Detach and mail completed form along with your check to: Lake Mitchell H.O.B.O., PO Box 1324, Clanton, AL 35046